

NIH HEAL INITIATIVE

NICHHD
NEONATAL RESEARCH NETWORK



IdeA States Pediatric Network
ECHO ▶ A program supported by the NIH

ACT NOW ESC

Study Status Recruiting

NCT # 04057820

<https://clinicaltrials.gov/ct2/show/NCT04057820>

Study Purpose

The goal of the ACT NOW ESC Study is to compare a new approach that hospital nurseries can use to assess and care for infants with Neonatal Opioid Withdrawal Syndrome, with the usual care these newborns get.

The Eating, Sleeping, and Consoling for Neonatal Opioid Withdrawal (ESC-NOW) approach involves parents and other primary caregivers in the treatment of NOWS. The main idea is that parents hold, swaddle, and rock their babies in quiet, low-light rooms. This approach may very well lower the need for medication. ESC-NOW will include up to 3,000 infants and their primary caregivers across nurseries in 18 states.